Nā I'a 'Ono Ē

- 1. (He) manini kēia, he i'a kahakaha E 'ai kākou, auē ka 'ono ē
- 2. (He) 'opihi kēia, he i'a pili pa'a E 'ai kākou, auē ka 'ono ē
- 3. He kala kēia, he i'a lae kiwi E 'ai kākou, auē ka 'ono ē
- 4. He wana kēia, he i'a wanawana E 'ai kākou, auē ka 'ono ē
- 5. He puhi kēia, he i'a he'ehe'e E 'ai kākou, auē ka 'ono ē
- 6. He weke kēia, he i'a 'umi'umi E 'ai kākou, auē ka 'ono ē
- 7. He he'e kēia, he i'a pikapika E 'ai kākou, auē ka 'ono ē

- This is a manini, a striped fish Let's eat; oh, it tastes so good
- 2. This is an 'opihi, a shellfish that holds on tight Let's eat; oh, it tastes so good
- 3. This is a kala, a horned fish Let's eat; oh, it tastes so good
- This is a wana, a spiny sea creature Let's eat; oh, it tastes so good
- 5. This is an eel, a slippery sea creature Let's eat; oh, it tastes so good
- 6. This is a weke, a fish with whiskers Let's eat; oh, it tastes so good
- 7. This is an octopus, a sea creature with suction cups
 Let's eat; oh, it tastes so good

Source: Pai Ka Leo, 'Aha Pūnana Leo